



ORIGIN RETREAT

Return to your Self, where your capability
to shape your reality resides

Ancient Wisdom | Contemporary Practices | Personal Insights
with Katharina, Völva & Strategy Advisor

Domaine de La Garde
Bourg-en-Bresse (France)

Thursday 27 til Sunday 30 August



SERVING *LIFE*



katharina@servinglife.site

PROGRAM

Group live call in w/c Aug 17 for conscious preparation.

THURSDAY (AUG 27)

Arrival from 16:00 - Optional Dinner at 18:30 for those on-site

20:00 Opening Circle

FRIDAY (AUG 28)

07:30 Gentle Movement Practice (optional)

Breakfast

09:00 til 12:00 Circle - **PRESENCE**

Lunch

14:00 til 17:00 Circle - **POWER**

Dinner

20:00 **Fire Ceremony** for the Full Moon Lunar Eclipse

SATURDAY (AUG 29)

07:30 Gentle Movement Practice (optional)

Breakfast

09:00 til 12:00 Circle - **PURPOSE**

Lunch

14:00 til 17:00 Circle - **PASSAGE**

Dinner

20:00 **Cacao Ceremony**, led by an Amazonian curandero

SUNDAY (AUG 30)

08:00 Breakfast

09:00 til 12:00 Circle - **PRACTICE**

Lunch - Departure between 12:30 and 16:00

Group live call in w/c Sep 7 for real-life integration.



YOUR EXPERIENCE

WHO IS THIS FOR

ORIGIN is for those who sense that their next chapter is larger than what their current reality can hold. That it calls for something their existing tools – and Self – cannot fully reach. Those seeking depth and direction that honour their mind, their heart, and their soul.

You may be in transition navigating a life shift, career pivot, business evolution, or spiritual opening. You may be standing at an inner threshold, feeling a quiet certainty that the life you have led so far no longer fits who you are becoming. Or you may want to explore who you are, and what you are here to create, at a deeper level.

All this is precisely where ORIGIN meets you: at the return to your Self, and the remembering to live and shape your reality from there.

WHAT BECOMES POSSIBLE

- Felt sense of who you are beneath the roles & the outside noise
- Vitality, aliveness, and a deep connection to Life itself
- Release of what has been weighing you down: old patterns and burdens, unconscious beliefs, obligations that are no longer yours
- Inner clarity to make decisions from somewhere real – not from pressure, expectations, or habits
- Taste of your capability to shape your reality consciously, and from deep within
- Renewed sense of direction: where you are, where you are going, and the next step that is genuinely yours to take

You leave ORIGIN with deeply felt renewal and clear, actionable insights. You take with you a different relationship to your Self, to how you move through Life, and to what you know is possible.



FIVE PILLARS OF SELF

Katharina's signature framework for Inner Exploration



PRESENCE

Expand your perception, re-connect with Life, and receive insights. Anchor them in your body, in the present moment, and in your lived reality.



POWER

Free your dormant potential locked up inside old patterns and stories. Reclaim it, so you can actively use it to co-create your life circumstances and everyday reality.



PURPOSE

Access your innate knowing and soul alignment to bring something genuinely yours into being. Unite will and energy to give its unfolding direction and momentum.



PASSAGE

Use the ancient wisdom of thresholds and transitions to evolve into a new state of being. Learn how to turn turbulences into opportunities for growth and expansion.



PRACTICE

Ensure (temporary) break-throughs and realisations become the texture of your daily life. Tap into stillness and spaciousness so the unknown can become conscious.



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YOUR RETREAT

VIRTUAL PREPARATION & INTEGRATION

Two group live calls and support material are available before and after the retreat. Private session(s) can be booked separately.

DOMAINE DE LA GARDE, AUGUST 27 - 30

- Intimate gathering of 6-8 participants at a stunning private estate, sharing delicious meals and genuine connection
- Deep immersion with inner work that shifts your everyday life, and held space to explore and anchor what emerges
- Bespoke guidance from Katharina, working with what is present for you personally: where you are in your life right now, what is ready to move, and what is asking to unfold
- Wisdom teachings, contemporary practices, and ancestral rituals

INVESTMENT

Covering the full retreat including accommodation at the domaine, meals and refreshments, group live calls and support material:

CHF1'290 (single) | **CHF1'100** (shared)

” Deep gratitude for Saturday's session and ceremony. It was extremely insightful and intense. My being felt so much energy, connection to my true self, lightness, playfulness and power. Thank you for holding space for us, for our collective and individual journeys, and for challenging us. The work you enable is simply amazing. - Delphine

If something in you recognises this moment, please reach out. We'll explore together whether ORIGIN is the right space for where you're at. For those called, the journey deepens through private 1:1 and group work, community spaces, and Amazon jungle immersions.

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YOUR FACILITATOR

Ancient Wisdom & Strategy Advisory for Conscious Leaders



KATHARINA MOHR DE YAYCATE

Katharina meets you at the Nexus of Strategy, Soul, and Service to Life. She guides you through thresholds and transitions into a life, business, and everyday reality that is genuinely yours to shape and aligned with your soul.

Navigating where conventional tools stop working and something deeper is asking to be heard, Katharina's well of wisdom runs deep: She hones her ancestral craft as a *Vö/va* (Germanic seeress) since her teenage years, and has learnt shamanism, female mystery traditions, and energy medicine from wisdom keepers globally since more than 30 years. A 3x founder since 2011, she also draws on two decades of global management consulting and wealth management expertise, and an in-depth background in personal development.

Katharina works with conscious leaders and organisations as a private advisor and wise woman. Married to a Yagua-lineage curandero from the Amazon rainforest, she lives with her family in Switzerland and Peru and facilitates internationally.



It is rare to find such an undogmatic attitude and acceptance to make the mystery behind everything comprehensible.
Eduardo

